



We offer a comprehensive swimming program at St Joseph's Institution International School Malaysia (SJIIM). All children from Reception up to Year 8 participate in one swimming lesson per week, throughout the academic year.

Our younger children focus on water confidence, water safety and the basic technique required in swimming whilst maintaining the 'fun' aspect of learning as they progress and develop the four strokes - front crawl, backstroke, breaststroke, and butterfly.

In addition, our stronger swimmers from both the Elementary and High School, who demonstrate commitment and dedication, are invited to join the SJIIM competitive swim squad. The squad focuses on the competitive aspect of swimming with a major emphasis on technique, stamina and speed. Training sessions are scheduled every morning before school with highly trained and experienced swim coaches.

The SJIIM Swim Squad competes in a range of swimming competitions throughout the year:

- 1. AIMS Sport
- 2. The Kuala Lumpur Sports League
- 3. Invitational School Meets
- 4. MSSS Swim Meet.







