



Sixth Form Subject Guide

DUKE OF EDINBURGH'S INTERNATIONAL AWARD

★★★ COURSE OVERVIEW

The Duke of Edinburgh's International Award challenges young people to dream big, celebrate their achievements and make a difference. Through developing transferable skills, increasing their fitness levels, cultivating a sense of adventure and volunteering in their community, the Award helps young people to find their purpose, passion, and place in the world. We believe that this is a perfect opportunity for our A Level student to develop leadership skills which will benefit our wider Lasallian community.

For more information, please visit <https://intaward.org/>.

★★★ COURSE CONTENT

The Award is comprised of three levels (Bronze, Silver, Gold) and four sections (see below) and is designed to provide a balanced programme of personal development and challenge. Participants complete all four sections in order to achieve their Award. At Gold level, participants also complete a Gold Residential Project.

1. **Physical Recreation:** young people participate in sport and other physical recreation for the improvement of health, fitness, and wellbeing (this could include a weekly sports CCA or an outside sports team or physical hobby).
2. **Skills:** participants develop personal interests, creativity, or practical skills (for example: music, sport, or art).
3. **Voluntary Service:** participants are required to give service over a set period of time. This enables them to experience the benefits that their Voluntary Service provides to others in their community.
4. **Adventurous Journey:** young people develop a sense of adventure and discovery while undertaking a team journey. As part of a small team, participants plan, train for and undertake a journey with a purpose in an unfamiliar environment (for example, completing a demanding journey by foot, cycle or kayak)

The Gold Residential Project is only completed at Gold level and aims to broaden participants' horizons through involvement with others in a residential setting, such as an overseas camp or a charity project (over a minimum of 4 nights and 5 consecutive days).

★★★ METHODS OF ASSESSMENT

You are assessed on all four sections over a given time period: Bronze – 6 months, Silver – 12 months, Gold – 18 months.

Your Award Assessor will consider the evidence that you submit for your four sections and sign them off at intervals throughout the course.

★★★ METHODS OF STUDY

This award will involve some exciting collaborative teamwork between all members of our Sixth Form, particularly for the Voluntary Service and Adventurous Journey elements of the Award.

Award students may be completing the Skill and Physical Recreation sections independently, either through CCAs or personal hobbies and interests at home.

★★★ ENTRY REQUIREMENTS

There are no specific entry requirements for this optional course.

